

Activate Your A Checklist

Knowing your instinctive strengths by taking the Kolbe A™ Index is a fantastic start. Make sure that you have activated the power of this knowledge by following the steps below:



Read Your Report

Carefully review the report that comes with the Kolbe A™ Index Result (again). There are many hidden gems that don't appear in your first excited skim through the results. Pay special attention to the paragraph right above your bar chart on page 1, it is an awesome summary of your conative talents!



Listen to the Audio(s)

At the bottom of your report are instructions for how to listen to what Kathy Kolbe has to say about your instinctive strengths. This is a great place to start understanding each of your four Kolbe Strengths™. Check out our audios page for further learning about your method of creative problem solving.



Assess Your Stress

Stress sucks! It is so pervasive that we've often learned to just accept it. Don't! Kolbe can help you figure out why you're so stressed in the first place. Take the Kolbe B™ and Kolbe C™ Indexes to see if your stress is linked to your job. Then we'll help you figure out how to fix it.



Customize Your Results

Your report contains pages of Conables® Tips written for your MO, but it is up to you to truly customize them based on your cognitive abilities and personality preferences. Consider each Conables Tip and its relevance to how you're taking action in areas that are meaningful to you.



Join a Webinar

Sometimes it just helps to talk things out. Join us for a scheduled live webinar where we will dive deeper into conation and how it affects your personal and professional life. If you have any specific questions, we'll answer them live. It's FREE, and you'll have access to a Master Kolbe Consultant.



Get an Individual Interpretation

The concept of conation is new to most people when they take the Kolbe A Index. Talking to an expert in instinctive strengths is a great way to make the most of your result. Contact us to schedule time with a Kolbe Certified™ Consultant, 1-on-1, to get a deeper understanding of conation and yourself.



Help Your Team

Once you've started to understand and make use of your instinctive strengths, it may be time to get your team involved - this could be your team at work, or your family at home. Contact us for help implementing Kolbe solutions in your office, and consider the Kolbe Relationship Pack at home.